

## LESSON SNAPSHOT

**BOTTOM LINE:**

When I play, I can remember that every week should have a rest and recharge day.

**OBJECTIVE:**

Kids will state that Sundays should be a day to recharge and worship God.

**KEY PASSAGE:**

Genesis 2:2-3 and Exodus 20:8-11, Sabbath

**MEMORY VERSE:**

*"You are the body of Christ. Each one of you is a part of it." 1 Corinthians 12:27 (NirV)*

**SUMMARY:**

Remote control cars are fun to play with and race around, but what happens after you keep them going at full speed for a long time? They start to slow down. That battery starts to slow down and they need to recharge. God knew that we, as people, need to recharge too. That's why God said that the Sabbath day was to be a special day of rest. God said if he could create the world in 6 days, we should be able to do all of our work in 6 days. He wants us to use that 7th day as a day to recharge, and refocus on God and all he has done for us.

**SIMPLE PRAYER:**

*Dear God,*

*Thank for you giving us a day to rest and recharge.*

*In Jesus' name,  
Amen*

## MEMORY VERSE

*"Now you are the body of Christ, and each one of you is a part of it." 1 Corinthians 12:27 (NIV)*

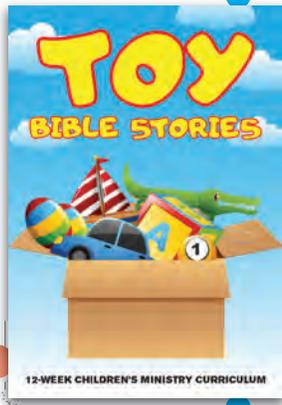
*"You are the body of Christ. Each one of you is a part of it." 1 Corinthians 12:27 (NirV)*

### **LARGE GROUP:**

Choose three kids from the audience. Have each one "sing" the memory verse in a different musical style - country, hip-hop, oldies, opera, etc.

### **SMALL GROUP:**

Give each kid one word or a few words of the verse on a note card. See if they can arrange the cards and get the verse right. Then read the verse aloud with the kids.



# MAKE IT STICK

5 Simple Ways You Can Make This Lesson Stick With your Kids

## Toy Bible Stories 8

### THIS WEEK'S LESSON: REMOTE CONTROL CAR



#### IN THE CAR:

Ask your child what they learned about this week on the drive home:

Remote control cars are fun to play with and race around, but what happens after you keep them going at full speed for a long time? They start to slow down. That battery starts to slow down and they need to recharge. God knew that we, as people, need to recharge too. That's why God said that the Sabbath day was to be a special day of rest. God said if he could create the world in 6 days, we should be able to do all of our work in 6 days. He wants us to use that 7th day as a day to recharge, and refocus on God and all he has done for us. Genesis 2:2-3 and Exodus 20:8-11, Sabbath



#### HANGING OUT:

Make this week's lesson real:

Take some time to chill out this afternoon - or if you can't today, make a plan with your kids to have downtime next weekend before or after church and stick to it.



#### AT DINNER:

Here are some great discussion starters:

- What did God do after making the world in six days?
- What is the Sabbath day?
- What are some things we can do to make our Sabbath day holy?



#### AT BEDTIME:

Quiz your child on this week's memory verse:

*"You are the body of Christ. Each one of you is a part of it." 1 Corinthians 12:27 (NIV)*



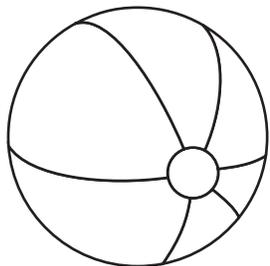
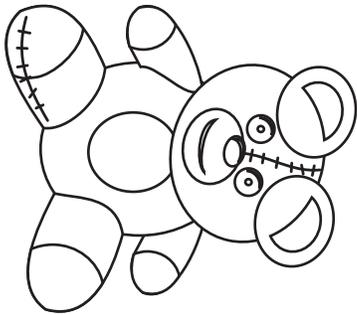
#### PARENT TIME:

What you need to know:

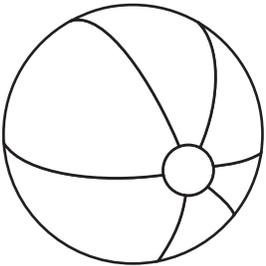
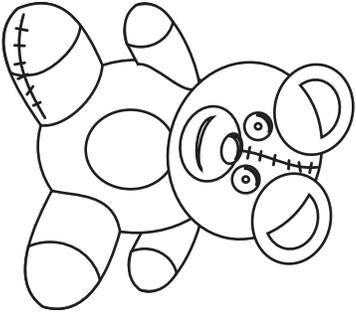
How busy are your weekends? How hard would it be to scale back and slow down on one day per week? Make a plan with your family to not only be at church, but to make one day a true day of rest. See if it doesn't make a difference in the rest of your life!

## CRAFT ACTIVITY

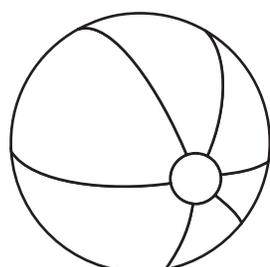
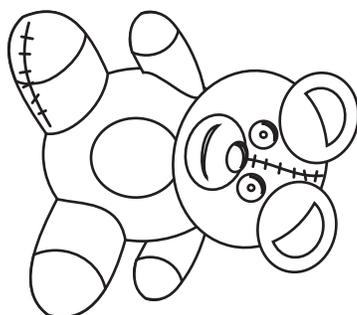
Have the kids create “Do Not Disturb — It’s Sunday!” signs they can hang on their doorknobs in their bedrooms.



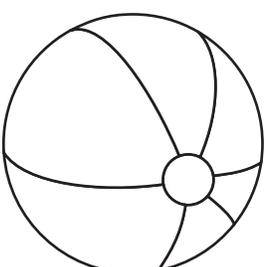
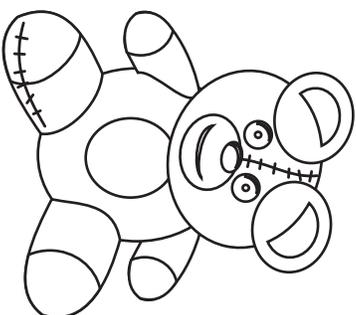
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Each one of you is a part of it."  
- 1 Corinthians 12:27 (NIRV)



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